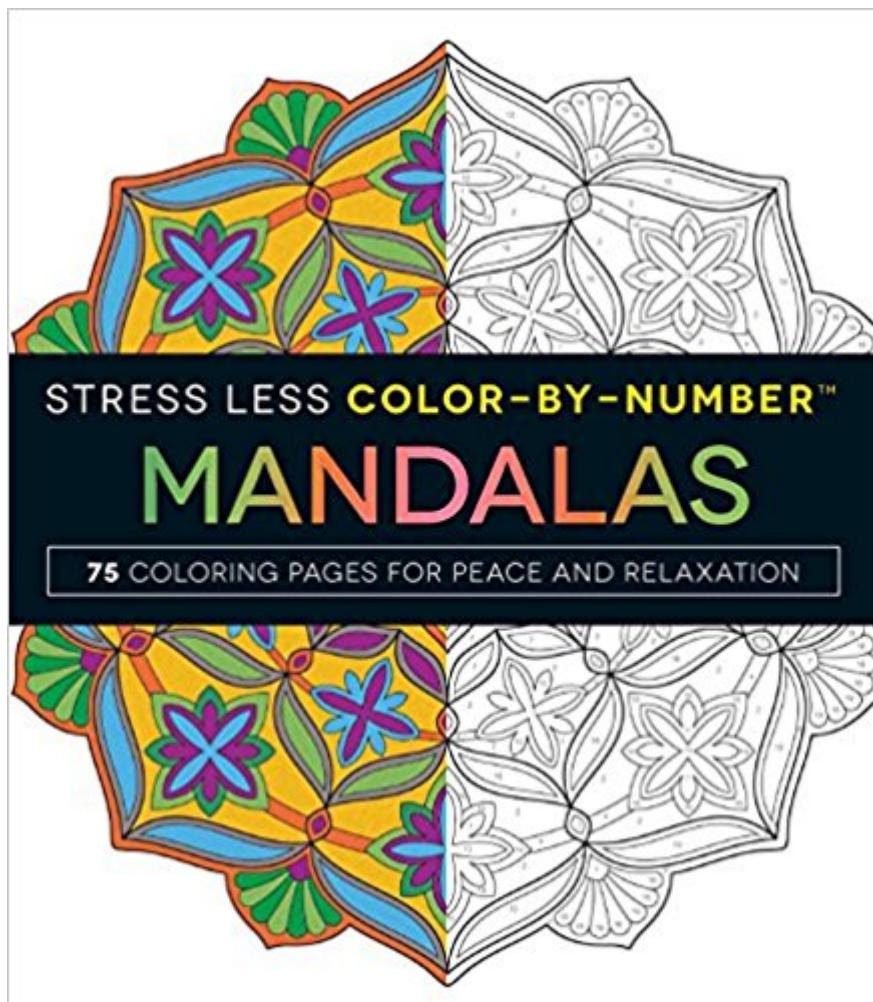


The book was found

Stress Less Color-By-Number Mandalas: 75 Coloring Pages For Peace And Relaxation



Synopsis

Relaxation is as easy as 1, 2, 3! Stress Less Color-By-Number Mandalas takes the guesswork out of creating stunning works of art. Each of these seventy-five calming designs is divided into sections with numbers that correspond to a specific color. Simply select the one you wish to complete, fill in each section with the corresponding color, and soon a soothing mandala will appear right before your eyes. It's a fun, easy way to de-stress and create amazing, frame-ready art. It doesn't get more beautiful--or more relaxing--than Stress Less Color-By-Number Mandalas!

Book Information

Paperback: 160 pages

Publisher: Adams Media; Clr Csm edition (January 1, 2017)

Language: English

ISBN-10: 1507201273

ISBN-13: 978-1507201275

Product Dimensions: 8 x 0.6 x 9.1 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 8 customer reviews

Best Sellers Rank: #101,328 in Books (See Top 100 in Books) #68 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #128 in Books > Self-Help > Art Therapy & Relaxation #357 in Books > Self-Help > Stress Management

Customer Reviews

"The book gives you a color-by-number guide, taking the stress of selecting a color out of the process! You'll be in a meditative state in no time." (Babble.com)

Adams Media provides helpful, funny, and inspiring books on a wide variety of topics, so no matter who you are, we've got you covered. Our editors are just like you--living, loving, and learning every day. Our personal experiences and expertise in our given book categories allow us to bring you some of the best content on the market--from parenting to relationships, to the paranormal, cooking, and humor--we cover what you care about.

Not impressed at all. I accidentally bought 2 of these and sent one of them back. I wish I had looked at it closely before I did that; I would have sent them both. the pages are impossible to tear out

without tearing the picture (I've ruined 5-6 of them so far) and they are impossible to color while still in the book. The pages are very thin so markers bleed through. Just not impressed.

I really like this book, the patterns are very interesting and fun..The only thing I would have liked is that the color guide have the names of the colors and be in the front of the book. Some of the darker ones are hard to tell what they actually are. I did discover that if you shine a light on them, then you can tell them apart.

The quality of the pages are horrible for the price. For the price the pages should be thicker. Not able to use marker or glitter pens.

Great book being so creative i am!

My daughter is enjoying this book. I recommend it especially for those who are looking for an easy craft.

Complicated

AAA+

Perfect pages with easy to see numbers and very colorful!

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Stress Less Color-By-Number Mandalas: 75 Coloring Pages for Peace and Relaxation #Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ... Series of Adult Coloring Books) (Volume 6) Stress Less Coloring - Mandalas: 100+ Coloring Pages for Peace and Relaxation Mindful Mandalas: A Mandala Coloring Book: A Unique & Uplifting Mandalas Adult Coloring Book For Men Women Teens Children & Seniors Featuring ... Relaxation Stress Relief & Art Color Therapy) Brilliantly Vivid Color-by-Number: Flowers and Mandalas: Guided coloring for creative relaxation--30 original designs + 4 full-color bonus prints--Easy tear-out pages for framing Magical Swear Word. Adult Coloring Books: Relaxation and Stress reduction: 30 Stress Relieving Magical Sweary Designs : flowers, mandalas, patterns. ... Anxiety and Stress (Swear Word Coloring Book) Adult Coloring Books: Mindfulness Mandalas: A mandala coloring book for adult relaxation featuring stress

relieving coloring pages for adults including henna flowers geometric & animal designs The Adult Coloring Book for Coffee Lovers: A Meditation and Stress Relief Coloring Book for Grown-Ups (Humorous Antistress Coloring Pages and Zentangle Designs for Relaxation and Stress Relief) Coloring Book for Adults & Grown Ups : An Easy & Quick Guide to Mastering Coloring for Stress Relieving Relaxation & Health Today! (The Stress Relieving Adult Coloring Pages) Mandala Coloring book: Mandalas. Easy coloring: Simple mandala coloring book, Adult mandala coloring Books,Mandala coloring, Adult Coloring Book: ... coloring books for Adults) (Volume 2) Hand-Drawn Mandalas Coloring Book, Volume Two: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Mandala Coloring Book: 100 IMPRESSIVE MANDALAS Adult Coloring BooK (Vol. 1): Stress Relieving Patterns for Adult Relaxation, Meditation (Mandala Coloring Book for Adults) (Volume 1) Adult Coloring Books: Mandala for a stress relieving experience (mandalas, stress relief, reduce stress, coloring books, relax) Adult Coloring Book Designs: Stress Relieving Patterns, Mandalas, Cats, Flowers, Animals, Henna, and Paisleys for Stress Relief Relaxation and Zen Sit the Fuck Down and Color: 40 Unique Sweary Designs To Color ! Swear word coloring book. Stress relief coloring book (Coloring Books For Adults Relaxation) ANIMAL QUEST Color by Number: Activity Puzzle Coloring Book for Adults Relaxation & Stress Relief (Coloring by Numbers) (Volume 1) Colorful Dogs Coloring Book (Adult Coloring Gift): A Dog Lovers Delight Featuring 50 Breeds and Over 100 Design Pages To Color | Patterns For Relaxation, Fun, and Stress Relief Mandalas For Meditation: A Mandala Coloring Book (Mindfulness Coloring Books for Grown-Ups for Relaxation, Stress Relief & Art Therapy) Adult Coloring Book: Christmas Wish: The Perfect Christmas Coloring Book Gift of Love, Blessings, Relaxation and Stress Relief – Christmas Coloring Book Pages Animals Coloring Book (black edition): 50 designs on black paper. Stress Relief Coloring Book : Mandalas, Flowers, Animals. Coloring Book For Adult (Hilarious Coloring Book for Fun)

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